# **Mastro's Butter Cake**

lowcarblove.com/blog/mastros-butter-cake

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# Servings: 4

# Ingredients:

### **Butter Cake:**

- 6 tbsp butter, softened
- 4 large eggs
- 1/4 cup unsweetened almond milk
- 1/₃ cup powdered sweetener
- 1 ½ cup superfine almond flour
- ½ cup superfine coconut flour
- 1 tsp vanilla
- 1 tbsp baking powder
- Pinch of salt

## Raspberry Sauce:

- 1 cup frozen raspberries
- 3 tbsp sweetener
- 1 tbsp lemon juice

Homemade Vanilla Ice Cream linked here.

<u>Choczero</u> Caramel Sauce (discount code: lowcarblove)

### **Directions:**

- 1. Preheat your oven to 350F
- 2. Start with your cake batter. In a large mixer, add your softened butter into a medium sized bowl. Add your sweetener, vanilla and eggs and whisk.
- 3. Next, add all of your dry ingredients and mix until your cake batter
- 4. Oil/butter your ramekins for your cake add your batter
- 5. Bake for 15-20 minutes until a toothpick goes out clean.
- 6. Next, make your raspberry sauce. Add your raspberries and sweetener into a saucepan on medium high heat. Allow this to cook down for about 3-5 minutes until it gets nice and thick.
- 7. Strain your sauce and assemble your cake! Add your ice cream, sauce and enjoy!

#### **Nutrition:**

Nutrition per serving (cake only):

- Calories 450
- Fat 38g
- Protein 15g

- Total Carbs 30g (mainly from sweetener)
- Net Carbs 3g