

# Greek Feta Salad

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♥ [lowcarblove.com/blog/greek-feta-salad](https://lowcarblove.com/blog/greek-feta-salad)

May 10, 2022



Salad Serving: 1

Dressing Serving: 2

## Salad

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### Ingredients:

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- 2 cups romaine salad
- 1 cucumber

- 1/2 cup cherry tomatoes
- 1/2 green bell pepper
- Red onion
- 1/4 cup Olives
- 3 tbsp Feta cheese
- 1/2-1 cup romaine lettuce

## Greek Dressing

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### Ingredients:

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- 1/4 cup extra virgin olive oil
- 1/2 tsp dried oregano
- 1 tbsp red wine vinegar
- 1/2 lemon, juiced
- 1/2 tsp salt
- 1/4 tsp pepper
- 1 tsp Choczzero maple syrup (discount code: lowcarblove)

### Directions:

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1. In a blender or medium sized mixing bowl, add all of your ingredients for your dressing and blend.
2. Assemble your salad and add your dressing on top. Toss and enjoy!
3. Store extra dressing in the fridge.

### Nutrition:

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Nutrition for dressing:

- Calories - 495
- Fat - 54g
- Protein - 0g
- Net Carbs - 1g
- Sugar - 0g