

# Beefy Nacho Soup

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♥ [lowcarblove.com/blog/beefy-nacho-soup](https://lowcarblove.com/blog/beefy-nacho-soup)

February 22, 2022



## Ingredients:

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- 1 lb ground beef (butcher box)
- 1 package taco seasoning
- ½ onion diced
- ½ red bell pepper
- 2 cloves garlic, minced
- 1 jalapeno diced
- 1 can green chilis
- 1 10-oz can diced tomatoes
- 16 oz beef broth (kettle & fire)
- 1 cup cheddar cheese

- 4 oz cream cheese

Garnish:

- Avocado
- Cilantro
- Sour cream
- Tortilla chips

**Directions:**

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1. In a large stockpot, add your ground beef and taco seasoning and cook until well browned.
  2. Add your diced onion, bell pepper and jalapeno and cook until soft and translucent.
  3. Add your green chilis, diced tomatoes and beef broth and mix
  4. Now, add your cream cheese and cheddar cheese
  5. Simmer for 10-15 mins on low heat. At this point, you'll want to taste it for more salt/pepper
  6. Garnish with avocado, cilantro, sour cream, etc and enjoy!
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