

# Asian Sesame Salad

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♥ [lowcarblove.com/blog/Asian-sesame-salad](https://lowcarblove.com/blog/Asian-sesame-salad)

May 10, 2022



Salad Serving: 1

Dressing Serving: 2

## Salad

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### Ingredients:

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- 2 cups romaine lettuce 1 need
- 8 oz coleslaw mix

- ¼ red bell pepper, sliced 1 need
- 2 green onion stalks, chopped need
- 2 tbsp cilantro, chopped
- Candied cashews (or regular)
- Coconut bacon

## Dressing

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- 2 tbsp tahini
- 2 tbsp white sesame seeds, crushed
- 2 tbsp white vinegar
- 1 tbsp coconut aminos or soy sauce
- 3 tsp sweetener
- 1 tsp sesame oil
- 3 tbsp mayo
- Optional - 1-2 tbsp almond milk or water to thin out

## Directions:

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1. In a blender or medium sized mixing bowl, add all of your ingredients for your dressing and blend.
2. Assemble your salad and add your dressing on top. Toss and enjoy!
3. Store extra dressing in the fridge.

## Nutrition:

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Nutrition for dressing:

- Calories - 697
  - Fat - 71g
  - Protein - 11g
  - Net Carbs - 9g
  - Sugar - 2g
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