

## 2 Ingredient Cookie (nut free)

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♥ [lowcarblove.com/blog/two-ingredient-cookies](https://lowcarblove.com/blog/two-ingredient-cookies)

March 22, 2022



Makes: 15 cookies

### Ingredients:

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- 1 cup sunflower butter
- $\frac{3}{4}$  cup Choczero maple syrup (discount code: lowcarblove)

### Directions:

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1. Preheat your oven to 350F
2. In a large mixing bowl, add your ingredients and mix until a dough forms. You can add any additional toppings as well. At this point, if you want a stiffer dough, you can refrigerate for 30 mins-1 hr, or roll them out to bake right away.
3. Bake for 8-10 minutes or until the sides are golden brown.

### Nutrition:

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Nutrition per cookie:

- Calories - 118
- Fat - 8g
- Protein - 3.2g
- Net Carbs - 2.8g

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